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NEW PATIENT  
INTAKE FORM

DATE OF  
APPOINTMENT \_\_\_\_\_

NAME \_\_\_\_\_ AGE \_\_\_\_\_

REASON(S) FOR THIS CONSULTATION \_\_\_\_\_  
\_\_\_\_\_

ALLERGIES

medications \_\_\_\_\_ foods \_\_\_\_\_ other \_\_\_\_\_

CURRENT MEDICATIONS (INCLUDE ALL OVER-THE-COUNTER MEDS AND DOSAGES, SUPPLEMENTS, HERBS)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

MEDICAL HISTORY--PLEASE CIRCLE ALL THAT APPLY (INCLUDE CURRENT AND PAST CONDITIONS)

- acid reflux
- high blood pressure
- asthma
- arthritis
- thyroid problems
- diabetes (adult or juvenile onset)
- alcohol/drug abuse
- neurologic disorders (multiple sclerosis, Parkinson's)
- irritable bowel
- high cholesterol
- osteoporosis/-penia
- eye disease
- kidney stones
- cancer (type, tx) \_\_\_\_\_
- pinched nerve/sciatica
- depression/anxiety
- kidney failure
- stomach ulcers
- bleeding problems
- heart murmur
- lupus
- colon polyps
- hepatitis (A, B, or C)
- stroke (age/cause) \_\_\_\_\_
- migraine headaches
- eating disorder
- interstitial cystitis
- anemia (cause) \_\_\_\_\_
- blood clots (age, cause) \_\_\_\_\_
- blood transfusion (year) \_\_\_\_\_
- peripheral vascular occlusive disease (PVOD--poor arterial circulation)
- heart disease (include heart attacks, angiograms, stents, arrhythmia)
- seizure disorder
- enlarged prostate
- skin problems \_\_\_\_\_

OTHERS/EXPLAIN IN FURTHER DETAIL \_\_\_\_\_  
\_\_\_\_\_

OPERATIONS AND HOSPITALIZATIONS

1. _____	AGE _____	4. _____	AGE _____
2. _____	AGE _____	5. _____	AGE _____
3. _____	AGE _____	6. _____	AGE _____

FAMILY HISTORY (LIST BLOOD RELATIVES WITH SIGNIFICANT DIAGNOSES)

- heart attack \_\_\_\_\_ age of onset \_\_\_\_\_
- stroke \_\_\_\_\_ cause \_\_\_\_\_
- alcohol/drug abuse \_\_\_\_\_
- diabetes \_\_\_\_\_ (adult or juvenile onset)
- premature natural or surgical menopause in mother/sister/or other female relative? \_\_\_\_\_
- high blood pressure \_\_\_\_\_ age of onset \_\_\_\_\_
- blood clots \_\_\_\_\_ cause \_\_\_\_\_
- depression/anxiety \_\_\_\_\_
- high cholesterol \_\_\_\_\_
- other \_\_\_\_\_
- cancer \_\_\_\_\_ type \_\_\_\_\_

SOCIAL HISTORY

occupation \_\_\_\_\_  single  married # biological children \_\_\_\_\_ alcohol use (amount per day/week) \_\_\_\_\_  
Do you or have you smoked consistently? \_\_\_\_\_ Packs per day \_\_\_\_\_ what ages \_\_\_\_\_

OB/GYN HISTORY (FOR WOMEN PATIENTS ONLY)

- 1<sup>st</sup> day of last menstrual cycle \_\_\_\_\_ ● if menopausal, age of last natural menstrual cycle \_\_\_\_\_
- age of onset of menses \_\_\_\_\_ ● typical cycle is every \_\_\_\_\_ days with \_\_\_\_\_ days of bleeding or \_\_\_\_\_
- total # pregnancies \_\_\_\_\_ ● miscarriages \_\_\_\_\_ ● abortions \_\_\_\_\_ ● infertility history \_\_\_\_\_ treatment \_\_\_\_\_
- use of birth control pills/rings/patches (or any other method of hormone manipulations) \_\_\_\_\_ what ages \_\_\_\_\_
- current method of birth control \_\_\_\_\_ ● history of uterine fibroids/ovarian cysts/or fibrocystic breasts? \_\_\_\_\_
- # of steady sex partners \_\_\_\_\_ ● history of venereal disease? \_\_\_\_\_ treatment \_\_\_\_\_
- previous abnormal PAP smears? \_\_\_\_\_ pathology type and treatment \_\_\_\_\_
- previous or current use of HRT? \_\_\_\_\_ type \_\_\_\_\_ ages \_\_\_\_\_

(QUESTIONS CONTINUED ON BACK SIDE)

**REVIEW OF SYMPTOMS (CIRCLE ALL THAT APPLY TO YOU):**

- achy joints
  - constipation
  - diarrhea
  - loss of appetite
  - shortness of breath
  - low sex drive
  - low back pain
  - neck pain
  - dizziness
  - dry eyes
  - swollen glands
  - dry skin
  - lumpy breasts
  - other(s)--please explain \_\_\_\_\_
- palpitations
  - heartburn
  - nausea
  - night sweats
  - persistent fatigue
  - blood in stools
  - painful urination
  - headaches/migraines
  - memory loss
  - restless legs
  - varicose veins
  - hair loss
  - nipple discharge
- chest pain
  - abdominal pain
  - vomiting
  - hemorrhoids
  - insomnia/poor sleep
  - blood in urine
  - urinary incontinence
  - skin/nail problems
  - hearing loss
  - anxiety/depression
  - hot flashes
  - pain with sex
  - acne
- allergies (itchy, sneezy, runny, and/or stuffy)
  - difficulty with swallowing
  - unexpected significant weight gain/loss
  - need to urinate during sleep \_\_\_\_\_# times/night
  - poor exercise tolerance
  - frequent urinary tract infections
  - difficulty with erections
  - cold hands and/or feet
  - vaginal itching/discharge
  - recurrent yeast infections
  - bleeding between menstrual cycles
  - bleeding with sex
  - pelvic pain (not necessarily with sex)

**PREVIOUS NOTABLE TEST RESULTS (PLEASE BRING ACTUAL COPIES IN FOR DR. CHEN IF AVAILABLE):**

- date of last PAP \_\_\_\_\_ result \_\_\_\_\_
- date of last mammogram/breast ultrasound \_\_\_\_\_ result \_\_\_\_\_
- date of last colonoscopy \_\_\_\_\_ result \_\_\_\_\_
- date of last pelvic ultrasound \_\_\_\_\_ result \_\_\_\_\_
- date of last bone density scan \_\_\_\_\_ results (include T-scores in hip and spine) \_\_\_\_\_
- please also bring in copies of other significant tests done previously, including endoscopies, ultrasounds, CAT scans, carotid doppler of the neck, echocardiograms, MRI, MRA, upper/lower GI series, etc.
- please also bring in copies of previous lab test results, including cholesterol panel, hormone testing, PSA, thyroid tests, biopsy results, CRP, vitamin levels, etc.

**PHYSICAL EXAM:** BP \_\_\_\_\_ PULSE \_\_\_\_\_ WEIGHT \_\_\_\_\_ (LBS.) HEIGHT \_\_\_\_\_  
HEENT—nl or \_\_\_\_\_ Neck—nl or \_\_\_\_\_  
Lungs—nl or \_\_\_\_\_ CV—nl or \_\_\_\_\_ Abd—nl or \_\_\_\_\_  
Ext.—nl or \_\_\_\_\_ Others \_\_\_\_\_